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## Book 3

### Spirituality

Subtitle: Book 3

Bismillahirrahmaanirraheem

1. Spiritual healing is not a subject that should be taken lightly
2. The good thing about spiritual healing is that it can be done together with other related/interrelated forms of healing, such as herbal medicine, contemporary medicine, healthy eating such as plant-based veganism etc  
- although these are complexities (added variables), that must possibly will be discussed in future books/papers/articles manuscripts

Wa'allahu A'lam